NR-509: Advanced Physical Assessment Lab/Immersion Weekend Fact Sheet

The Immersion weekend is the lab component of NR-509: Advanced Physical Assessment. It typically takes place during week 7 of NR-509 at the Q Center located in the western suburbs of Chicago (see address below), although location is subject to change. The Immersion Weekend provides an opportunity for you to demonstrate competence in your health assessment skills and engage in critical thinking.

Immersion Weekend is designed to teach you proper assessment techniques on a variety of general medical complaints that help prepare you for your first practicum experience in NR-511. You will be provided with further details at the beginning of your NR-509 course but below you will find many details to help you prepare now!

Remaining 2018 IMMERSION WEEKEND DATES:
- October 12 – 14
- December 7 – 9

2019 IMMERSION WEEKEND DATES:
- February 22 – 24
- April 12 – 14 (End of Week 6 due to Easter Holiday)
- June 21 – 23
- August 16 – 18 (End of Week 6)
- October 17 – 19 (Thursday to Saturday of Week 7)
- December 13 – 15

Friday is considered a travel day for out of town students. No planned FNP activities will take place on Friday.

Q Center Training Facility
1405 North Fifth Avenue
St. Charles, IL 60174
(630) 377-3100

HOW TO REGISTER:

In order to ensure your attendance at the Immersion Weekend for NR-509, you must register online. A link will be provided to you during the first week of your class.

RECOMMENDED ACCOMMODATIONS

You are responsible for making your own hotel reservation. While you are not required to stay at the Q-Center, we highly encouraged you to do so as all weekend activities will take place there.

The standard rooms at the Q Center are for single occupancy. If you would like to upgrade to a larger room, you may do so through the registration link that will be provided. Upgrades will be based on availability and are at the student’s expense.
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If you do not wish to stay at the Q Center, you will need to still register for a Day Pass. The Day Pass includes your food and beverages for the day and also covers your Q-Center meeting costs for the day’s activities.

Check in: 4:00pm  
Check out: 1:00pm  

Q Center Rates:
- Single Standard Room: $180.00* per night + tax  
- Executive Room: $215 per night + tax  
  - You must book an Executive Room if you’re bringing a guest or sharing with another attendee  
- Single & Executive room rate includes:  
  - All meals on Saturday (breakfast, lunch & dinner) and Breakfast on Sunday  
  - In room wireless internet connection  
  - Complimentary access to fitness center and business center  
  - Complimentary self-parking on-site  
- Day Pass: $77 for Saturday + $38 for Sunday  
  - You must reserve a Day Pass if you are NOT staying at the Q Center  
  - Day Pass Rate Includes:  
    - Saturday AM & PM Refreshment Breaks, Lunch Buffet and Q Center meeting package  
    - Sunday Refreshment Break and Q Center meeting package

* Room rate is not controlled or guaranteed by Chamberlain and is subject to change.

TRANSPORTATION

If flying, you should fly into O’Hare International Airport (ORD) or Midway International Airport (MDW)  
- Plan to arrive on Friday anytime.  
- Do not book your return flight before 5:00pm on Sunday.  
- The Q-Center is located 35 miles from O’Hare International Airport and 45 miles from Midway International Airport.  
- A link to book your complimentary airport transportation will be provided the first week of NR-509

ESTIMATED BUDGET

Below is an estimated total budget for your FNP Weekend Immersion:  
- Meals:  
  - Lunch on Friday (1 day): $15  
  - Dinner on Friday (1 night): $25  
  - Breakfast, Lunch & Dinner on Saturday (Included in your room rate): $0  
  - Breakfast on Sunday (Included in your room rate): $0
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- Total: $40.00
  - Hotel:
    - Lodging (single room for Friday and Saturday nights): $360.00
    - Q Center Meeting Costs (Included in your room rate): $0
  - Airfare: TBD
  - Ground Transportation (to/from airport): $0
  - Estimated Total (excluding airfare + tax): $400

**WHAT TO BRING & WEAR**

Students are required to purchase an otoscope/ophthalmoscope set, reflex hammer, and a pocket Snellen chart (differs from a regular Snellen chart). Students are also required to have a stethoscope with a diaphragm and bell. All of these items will be used to practice the head to toe physical exam throughout the course, and must be brought to the Advanced Physical Assessment immersion. All items should also be clearly labeled with the student’s name. Examples of these items are shows below. The cost of these items varies widely, and no particular brand or quality is required. These instruments will be used by students for practice throughout the course, and during the evaluation at immersion. If a student does not come to immersion prepared with these required items, they risk disciplinary action including failure of the immersion evaluation and NR509 course.

Attire is business casual – as you would wear to your practicum. It is NOT recommended to wear a dress or jumper.

Students will also be provided with the opportunity to order an official Chamberlain University lab coat. More details will be provided during the first week of your NR-509 session.

You may also request a Chamberlain photo ID badge. More information will be provided during the first week of NR509.

**QUESTIONS?**

Should you have any questions on the travel logistics listed above, please email fnpimmersion@chamberlain.edu